

League Lingo

LONDON DIOCESAN NEWSLETTER

2013 Spring Issue

Deadline for Next Issue
September 1st, 2013

*London Diocesan Annual Convention—
Stratford—April, 22, 23, 24, 2013*

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Special points of interest:

- **Diocesan Convention Ad—Page 18**
- **Lenten Retreat Report—Page 12**
- **Belle Guerin Award presented to 2 CWL members in Sarnia Lambton—Pages 22 & 25**
- **We remember our Life Member Sheila Howard who died on November 17th, 2012**

**We Have Seen the Lord -
He Is In Us**





President's Report—Mary Jean Horne

*"We Have Seen the Lord
He Is In Us"*

*"Be who you are meant to be
and you will set the world
on fire"*

St. Catherine of Sienna

With the new national theme "We Have seen the Lord", how do you see the Lord? Our diocesan sub-theme is "He Is In Us". How do you see the Lord in yourselves and others?

Where has the time gone? Winter is almost over and for many it has been a very snowy and cold winter with schools and roads closed and many days and nights in sub-zero weather. We will all be looking forward to spring.

The diocesan executive are busy planning the annual diocesan convention that will be held in the beautiful city of Stratford April 22nd-24th, 2013. The Huron Perth Region has been planning for some time to ensure nothing will be forgotten. The speakers at convention will bring the issue of Human Trafficking with Joy Smith M.P. and Teresa Hartnet speaking on a call to serve with Dignity for All. At this year's convention we will be presenting our Social Justice Award for the first time.

At convention, we will be voting on the proposed changes to the Constitution & Bylaws that National Office sent out to all the councils across Canada in November 2012. At last year's

convention we passed resolutions dealing with instructed voting. The resolutions were returned to us from provincial council. You as members need to send in to National Office your wishes as to the changes to the instructed vote that you would like to see. The form for doing this can be found on the national web site. Please do not hesitate to contact me if you would like help with the wording on the form.

As you read this issue, we have begun our "Catch the Fire" workshops. We look forward to sharing with you not only a time of learning but also a time of being together spiritually. This workshop is a great opportunity for faith, fun and fellowship.

I have been very busy with visits to our ecumenical sisterhood's workshops and conventions. I have also had the privilege to bring your greetings to councils that were celebrating anniversaries. This year Angela Soulliere, Chatham Kent Regional Chairperson and I had the privilege of presenting the Bishop Sherlock Bursary to David Johnston. Angela was in London the weekend we made the presentation, journeying with her husband Jamie, in the Diaconate program. In giving out the award that weekend, it introduced the future Deacons to the Catholic Women's League and the work we do.

As Pope Benedict prepares to step down as our chief Shepherd please pray for wisdom and

knowledge for the Cardinals as they undertake the task of electing our new Pope.

I hope that you will have taken the time to read the League magazine and the prayer in the middle page:

Joy

*J Who will roll the stone
away? It's heavy and it
blocks the way to Jesus.*

*O Women are gathering
here. There is work that
they must do for Others.*

*Y Together they have
moved the stone*

*"We have seen the Lord!"
He came for You.*

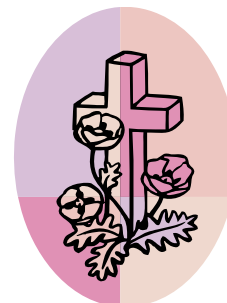
I will look forward to being with you at convention April 22nd - 24th, 2013, in Stratford.

May each of you have a Happy Easter

"He has Risen" Alleluia

Blessings

Mary Jean





Spiritual Advisor, Rev. Fr. Matthew Kucharski

Once again this past Fall, it was a privilege to have a role in the Fall Regional meetings. Encountering the various CWL members from across the diocese was encouraging for me. To witness their faith, their enthusiasm, and their excitement was amazing. The theme of my presentation focused upon "treasure". We reflected and discussed three aspects of treasure. First we pondered, "a treasure for me is...", followed by "the way I am a treasure is...". It was interesting hearing the various treasures we have in life. Most participants referred to the "treasures" of family, friends, faith and health. It was also impressive discovering the numerous treasures/talents/gifts that our CWL members have and their willingness to share them with the League, The Church and their community. Lastly we reflected about how "the CWL is a treasure for me...". Space prohibits me from writing all the various responses but here is a sampling:

"... for it reminds me to give back to God"

"... for it deepens my relationship with God and unites me with Christian women of faith"

"... for it leads me to help the less fortunate"

"... for it gives me spiritual support"

"... for it has given me many friendships"

"... for it gives me support and acceptance, knowing that I am not alone"

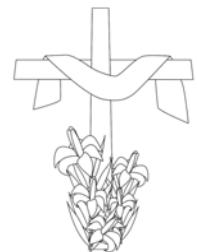
"... for it taught me how to be a leader"

"... for through the ladies I experience the Word of God"

"... for it lifts me up"

As I said, this is a mere sampling of the awesome ways the League enriches and strengthens the lives of Catholic women. What a gift we have in the League. How wonderful it is to be part of a sisterhood that not only has impact on the local parish level but even nationally and globally. Life, when lived "alone", can be difficult. However, when life is shared with a group of enthusiastic, faith-filled women, the joys are more joyful and the struggles less burdensome. What a treasure the CWL is! Let others know, so they can share in the "riches" to!

Fr. Matt



FASTING & FEASTING

*Fast from thoughts of illness
Feast on the healing power of God
Fast from words that pollute
Feast on words that purify
Fast from discontent
Feast on gratitude*

*Fast from complaining
Feast on appreciation
Fast from negatives
Feast on affirmatives
Fast from unrelenting pleasures
Feast on unceasing prayer*



President-Elect—Marie-Theresa Lamphier
Organization/Membership Standing Committee Chairperson

Today, as I write this on February 23rd two teams presented the “Catch the Fire Workshop”. One at Holy Trinity Parish in Woodstock, the first parish to offer to host this new initiative in the London Diocese, and the other at St. Agnes Parish in Chatham. I know that the team that I was on in Woodstock was very nervous, yet very excited at presenting this for the very first time! You see, there is a lot of coordinating to do, set up, distribution, and there’s the “Technical” aspects of it. I am very glad to say however, that everything went very well. We were welcomed with open arms, and the ladies appreciated the information that they received. The good news is that a spark has been re-ignited and the effect of the flames will be felt through the

region! All of the ladies learned something that they can bring back to their council. Well done ladies and thank you for being open to the Spirit that led you to come and being all that you could be. Now you are one step closer to “set the world on fire!”

We are looking forward to presenting many more workshops in the very near future. We currently have another seven (7) booked across the diocese and we are just starting! I look forward to hearing from more Councils who want to take part in this initiative. Please call and book your date as soon as possible. The contest ends on May 31st. It is a good opportunity to try and win the National portion of your membership dues for 2014 if you

win the contest by having the greatest percentage of members attending. Good luck to everyone!

Time goes by so fast, I can’t believe that we are quickly approaching March and the convention in April. I look forward to seeing everyone! The convention promises to be fun and faith-filled with interesting speakers. I’m hoping that after a few more workshops on “Catch the Fire” we will have more members attending the convention and sharing their enthusiasm, and new ideas. The “sparks” hopefully will be seen skimming the heads of everyone!

Until then, may our Lady of Good Counsel guide you and protect you always!

Marie-Theresa

1st Vice-President—Angela Pellerin
Resolutions Standing Committee Chairperson



As you will recall, resolutions were passed at our diocesan convention last year that related to changes in the Constitution & Bylaws. This was a practice at writing resolutions. In fact, any changes to the Constitution & Bylaws must be sent to National Council on forms provided by them. At this time, the appropriate form has not been completed and sent to National. We are now holding these until after the vote at this year’s national convention to see the outcome of the currently proposed changes. One of the proposed changes is removing the

word “optional” from the position of President-Elect and one of our proposed changes is in regard to the instructed vote for this position. We will keep you informed on this matter.

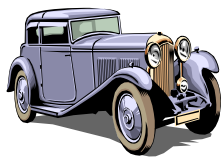
At the beginning of my term as the Resolutions Chairperson, I indicated I would like to see London Diocese put forward at least one resolution during my term which is now almost half over. It is disheartening that the largest diocese submits so few resolutions. There are so many issues in today’s society including

bullying, pornography, sexual assault of children, human trafficking, to name a few. I’m sure there are other concerns as well that your members have. Please give serious thought to putting together a resolution on a subject dear to your hearts. We on diocesan council would be happy to help you.

I will look forward to seeing many of you at our diocesan convention in Stratford.

God bless you in all you do.

Angela



*Past-President—Lucy Hendrikx
Historian, Nomination & Elections*

*The character of Christ
radiates through who
you are and the life
you live*

As you read this we are well on our way into our Lenten season and preparing ourselves for the renewal of the Easter season. It is through prayerful reflection that we may worthily receive Christ into our lives.

My Lenten season was off to a poor start as 2 days into our Florida vacation with my cousin and his wife, he died of a massive heart attack. The minister who spoke with us at the hospital reminded the three of us that we are only guaranteed today and should always live our lives accordingly. In the hectic week that followed I have given much thought to his comment and find myself constantly assessing, “Am I doing enough?” Am I praying

enough? Am I kind to others enough? Am I generous enough? Am I helpful enough? Have I said, “I am sorry” enough? I can only hope that I am, because I have a whole new realization of the fact that there is no guarantee that I will see tomorrow.

We are working on the “Catch the Fire” workshops and will continue them into the fall instead of the usual Fall Regional format, so we will have more time to reach more members across the Diocese. If you would like to host one with another parish or two please contact Marie Theresa or myself, Lucy Hendrikx.

I have received some great pictures from a few CWL councils and I want to encourage you to please keep sending those to me so we can keep a very complete archival history at the Diocesan level. We always find it of great interest to hear how your councils are living their call to holiness.

Please get your new executive information to Cam Cadotte at your earliest convenience. 2014 will be an election year at the Diocesan Convention, and it will be much easier to ascertain who is eligible to run for a Diocesan Executive position from your Parish Council, if our records are all up to date.

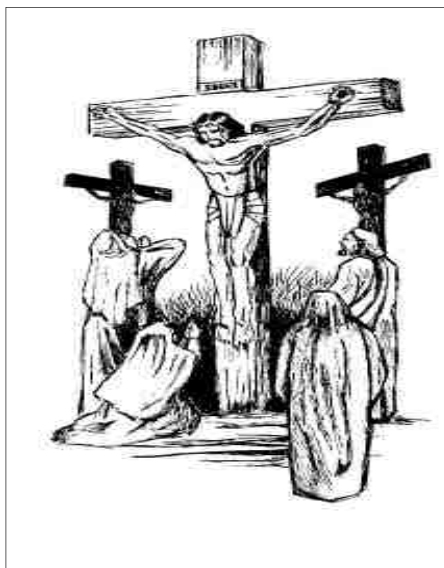
In closing I want to wish each of you a joyful Easter as once again we hear those blessed words of our redemption, “He is not here, but has risen” from Luke 24.

Faith, fun and fellowship to all my sisters in the League!

God bless!

Lucy

*“Live as children of the
light.” Ephesians 5*



2nd Vice-President—Rebecca McCarrell
Communications Standing Committee Chairperson



Today is Family Day! As I write this article, I am reflecting on my experiences of last week. Experiences that evolve around communications.

On a business trip to Toronto, Valentine's Day morning found me walking to St. Andrew's subway station from my hotel. Lying atop of a subway vent was a young man, about 20 - 22 years old in a fetal position, trying to keep warm. The multitudes of people going down University Avenue parted like the Red Sea to go around this young man. I slowed to take in the scene...no shoes, no socks, a hooded sweater, a tuque, and a well-worn blanket over his face. He was totally immune to his surroundings...the people, the traffic noises, the bang of jackhammers! What should I do? How could the people just go around him? How does this happen? I was awash with questions. As I was swept away by the crowd, I felt I was unable to do anything. I said a prayer for him and over the next few minutes on my way to my appointment, I vowed to help him on the way back. I had no time to stop right then. Upon my return an hour later, the lad was no longer there. I was so ashamed that I did not recognize the face of Jesus in that boy; and, I did not allow him to see Jesus in me. I returned to my hotel room, cried, prayed and prayed some more. How dare I walk down that street warm, comfortable, housed in a luxury hotel! I have never felt so destitute

of spirit! I contacted my daughter for her insight on why a young person would not go home - it made no sense to me - didn't he have parents, family who would worry about his whereabouts? What happened that was so catastrophic that communications broke down between him and others? Why would he not go to a shelter? My daughter had all kinds of angles: he had no family, maybe his own parents were drug/alcohol addicts, maybe he was rebuffed by his family, and maybe he was afraid of the consequences? Why did I not do anything? I justified not giving him my coat as I had on a coat that was very feminine...if only I had been wearing my sport coat, then I would have given it to him! Why? Wouldn't any coat be better than none? Or, why didn't I say... come with me and I will buy you socks, shoes and a coat and a hot meal! Afraid? How could I be afraid when this young man had the courage to live on the street! Lord, forgive me for not doing what you would have wanted me to do ... I am so sorry for not representing you as I should! Truly this experience deepened my understanding of communications: the young man and his family, to shelters and help that is available and from me to the young man and to our Lord! Lord, forgive me!

That same night, my older daughter texted me. Her former common law partner had been taken to the hospital. He had been suffering with cancer of the liver. His life was one of

miscommunications - growing up in a wealthy family, his father a physician, he turned to the readily available drugs and alcohol. Although he went on to higher education, the drugs and alcohol soon took a toll, and the addictions took over. Communications between his family (parents and 3 brothers) became difficult. He chose to live destitute rather than go home...or was it ever an option? My daughter suffers as well from these demons. Addictions. They break the communication lines between everyone. These two people found solace in each other. They are the parents of our only grandson. Life happens, and the addictions overrode the common sense and communications. It cost them their son, and eventually their relationship. In my world, addictions are barriers to communications. The drug or alcohol gives the user false courage to face the hardships of life - real or imagined. His brother who had power of attorney came in on Thursday evening from Ottawa, barred our daughter from the hospital, he passed away on Friday morning. His brother had him immediately cremated, and we do not know the disposition of his ashes. This truly was a breakdown in communication! How could this family do that? There are two children that loved this man deeply - what about them? What about allowing his friends and those of us who counted him family a time to mourn? Communication...there

(Continued on page 8)



Treasurer—Madeleine Visser

Treasurer's tips

Five Smart Financial Controls:

1. Require 2 signatures
2. Maintain a proper trail
3. Report monthly
4. Review and reconcile monthly
5. Conduct an annual audit or examination

If you maintain these controls, you will:

1. Limit your personal responsibility for expenditures as they are approved by 2 officers of your council.
2. Ensure your ability to answer questions and provide written back-up for all your council's transactions.
3. Avoid catching executive members off-guard if the budget is getting close to expended or if it appears there will be an overage.
4. Reduce risks associated with unrecorded deposits or expenses or errors made by the financial institution your council deals with.
5. Ensure an independent review that will verify your council's policies as sound and identify areas where improvement may be recommended or necessary.

Above all, you will avoid unnecessary headaches with these practices as you keep your council's assets safe and records clean and up to date.

Steps to Good Budgeting

1. Make a list of all regular spending items by reviewing the actual expenditures from the several years: some examples are donations, council or parish activities, regular fund-raising events, supplies. Make a list of any irregular activities known for the upcoming year; an example might be a special, unusual event your organization has agreed to host or support during the next calendar year.
2. Review your current banking arrangements and other contracts you might have for service. Investigate options to ensure you have the best financial arrangements available to your council.
3. Determine monies available to your council based on current funds on hand and expected fundraising activities.
4. Prepare a draft budget and identify for your council's members the necessary versus luxury items included and revenues/fund-raising required to cover all items.
5. Review the budget against actual results monthly when you reconcile your records and report to your council whether actual results are on budget or whether revisions to the budget are recommended.

Taking time to prepare for your budgeting process each year will mean increased chance of a balanced budget and continued financial security for your council.

Just some reminders: we still have blue CWL scarves for sale for \$20 each, also Madonna Pins available for \$15 and after the cost of the pins, the remainder will go into our Life Members and Past Presidents Social Justice Award. They will be available at the Diocesan Convention 2013 in Stratford.

Please use only the remittance forms and all other forms with my name on it, if you do not have them, please call me or e-mail me and I will send them to you. Make cheques out to The Catholic Women's League of Canada, if you would like to make donations to other organizations not listed on the remittance form, please donate to them directly.

1 Corinthians 14:40and do everything in a decent and orderly manner

Madeleine



2nd Vice-President—Rebecca McCarrell
Communications Standing Committee Chairperson.. (cont'd)

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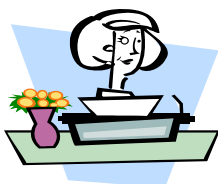
was none! Nothing, not even for his son who (5 years old) told his foster mom and I on Tuesday that his dad was going to die! Communication...the door to all relationships! Lord, bring peace

to all who loved him, and bless all those who did not! Bring him safely to your arms and let him live with you the life he was unable to attain here on earth!

Communications - it is what you do every minute of each day...how

you relate to others - your family, your friends, your community, your God! Lord grant each of us the ability to communicate in any way with your people! Amen!

Rebecca



Corresponding Secretary—Kathleen Pasquini

Our New **National** theme is:

"We Have Seen The Lord"

The Lord is in everyone we meet and remember He is in you.

Our **Diocesan** Theme is *"He Is In Us"*. Jesus lives within us and fulfills His divine ministry in and through us.

What powerful themes we have before us. Take your time in thought and prayer as we proceed

over the next two years in seeing our Lord in all those around us, in who we meet, and in those we minister to.

By the time you read this we will be very close to Easter. So as we prepare for Easter take a moment quietly to feel God's presence. I hope that those who attended the Lenten Retreat were given a good start on preparing for Lent.

As corresponding secretaries, always keep the Diocesan theme

near your hearts and minds when you send out your correspondence. Hope to see you in Stratford on April 22nd - 24th, where we have planned a wonderful convention.

May our Lady of Good Counsel continue to watch over each of you and your families

God's Blessings,

Kathleen

EVER WONDER ABOUT THE ABBREVIATION A.S.A.P.?

*In the midst of family chaos,
 "Quality Time" is rare.
 Do your best: let God do the rest
 ASAP Always Say A Prayer*

*God knows how stressful life is;
 He wants to ease our cares,
 And He'll respond to all your needs
 ASAP Always Say A Prayer*



Spiritual Development Standing Committee Chairperson—Mary Bannon

It's amazing how quickly time passes. It's the dead of winter, the middle of Lent. So much has been written about this holy season of penance, preparation and prayer that I question what I can add. I have experienced many Lents. As a child Lent was about what to give up—the penance. Lately I have been experiencing the *preparation* as I get people ready to be welcomed into the Church through the RCIA. Interwoven through all this is *prayer*. All these facets I have seen in my sisters in the League. I thought I should share something with you that I gleaned from one of my favourite authors, Max Lucado. It's titled "Getting the I out of your eye".

What's the cure for selfishness? Get your self out of your eye by getting your eye off yourself. Quit staring at that little self, and focus on your great Savior. A friend who is an Episcopalian (Anglican) minister explains the

reason he closes his prayers with the sign of the cross. "The touching of my forehead and chest makes a capital 'I.' The gesture of touching first one shoulder, then the other, cuts the 'I' in half." Isn't that a work of the Cross? A smaller "I" and a greater Christ? Don't focus on yourself; focus on all that you have in Christ. Focus on the encouragement in Christ, the consolation of Christ, the love of Christ, the fellowship of the Spirit, the affection and compassion of heaven.

Come. Come thirsty. Drink deeply from God's goodness.

You have a ticket to heaven no thief can take, an eternal home no divorce can break.

Every sin of your life has been cast to the sea. Every mistake you've made is nailed to the tree.

You're blood-bought and heaven-

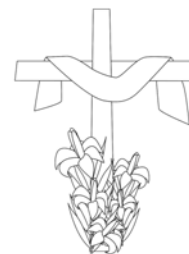
made. A child of God—forever saved.

So be grateful, joyful—for isn't it true? What you don't have is much less than what you do.

For this Lent I think this will be my preparation for that great feast of Easter. We are, after all, Resurrection People and our song is "Alleluia"!

Happy Easter, Joyeuses Pacques, Buona Pasqua, Frohe Ostern, Feliz Pascoa!

Mary



Look for my report on our Lenten
Retreat —on Page 12



"Remember when you just turned on the tap?"

Education & Health Standing Committee

Chairperson—Elisabeth Duggan



We are in our lovely winter season. This means snow, cold and ice. To many it is a great time to enjoy the outdoors with skiing, snowboarding and tobogganing. It also means shovelling snow. This activity can cause many medical issues from strained back and arms, even fractures, but would you recognize a heart attack?

Sign and symptoms of someone in a cardiac crisis can vary from chest pains, difficulty breathing, feeling weak, pale or bluish in colour, nausea and vomiting, sweating. When cardiac arrest occurs the person becomes unconscious (unresponsive), absence of breathing and pulse. Presence of cyanosis or bluish skin.

Would you know what to do or know the symptoms of someone in a medical crisis? Our journeys in life take us to many places. Be that to a meeting, church functions or just going about our daily chores. Would you be able to recognize and know what to do? You can change this and make a difference to many helping in educating what to do?

I encourage every council to look into having someone from St John Ambulance or Canadian Red Cross to come and give a First Aid course and learn CPR (Cardio Pulmonary Resuscitation). This could be open to your council/parish one evening. CPR is a lifesaving measure that will teach you rescue breathing and chest

compressions to an unconscious/non breathing person.

Please take the time to discuss this with your councils and even your parish and arrange to have this life saving course. It is a course that you will not regret. It will help you act quickly in an emergency.

WHO KNOWS YOU COULD SAVE A LIFE.

God Bless

Elisabeth



*In late winter
when the grass is still
yellow & brittle
a bloom appears overnight
on a bare branch.*

*One bloom is quickly joined by another
and another until the whole tree
radiates peach-pink warmth
through the coldness.*

*The tulip blooms stand full and perfect
on their branches,
like china cups lined neatly
On wooden shelves.*

*Blossoming on the verge of spring,
the tulip tree promises beauty to come.*

*As quickly as they appear,
the tulip blossoms disappear
from the tree, like dew evaporating
in the morning light.
In their place spring green leaves
and greenness everywhere.*

*And so it is with Christ-Sophia
in the world today.
Blossoming on the edge of awakening,
a sign of beauty and wholeness.*

*Whenever we see the vision
in full bloom,
standing pink & proud
in a cold, barren land,
our hearts quicken with HOPE
of the lush greenness
that will soon cover the whole earth.*

Community Life Standing Committee Chairperson—Caroline Ngui



*Wherever there are people in need of food and drink, clothing, housing, medicine, employment, education; wherever people lack the necessary facilities necessary for living a truly human life or are afflicted with serious distress or illness or suffer exile or imprisonment, there Christian Charity should seek them out and find them, console them with great solicitude, and help them with appropriate relief. **This obligation is imposed above all upon every prosperous nation or person.***

(Decree of the Apostolate of the Laity)

The annual London Diocesan Community Life Report found in the Diocesan Annual Report Book, to be circulated at the April Convention, shows the many, wonderful and varied ways that our members engage in Christian Charity action under the Community Life Committee. I urge everyone to read this report carefully and use the ideas presented in it to expand and develop your own council's response to local, national and international injustices of our troubled world.

Dignity and Rights of Persons – Human Trafficking

We are delighted to announce that Member of Parliament for Kildonan-St Paul, Winnipeg, Joy Smith, will be a keynote speaker at the 2013 London Diocesan Convention to be held in Stratford. She will speak on Tuesday April 23rd, 2013 at 10.00 a.m.

Joy Smith is recognized as one of Canada's leading anti-trafficking activists at the national level of government. She has worked very hard on key legislation over the past few years, to combat human trafficking and protect its victims. For more information about her work, visit:

www.joysmithfoundation.com

This is an excellent opportunity for all our members to hear about this dreadful scourge in our communities from a very knowledgeable, passionate and articulate woman. We are indeed very fortunate that she is taking the time to come to Stratford to be with us. So please plan to be there. I hope every council sends a representative to hear her.

The National Council has prepared a Prayer Service for Human Trafficking Awareness Day (February 22nd) and I would like to recommend that you download it from the National website, www.cwl.ca and use it at one of your Council meetings in the near future. We must continue to pray to bring justice to all those caught in this dreadful scourge of our society.

Prostitution is a form of regular violence against women's equality. With the passing of **Resolution 2012.01 Criminalization of Sexual Services**, members must follow through on the required action of writing letters to members of parliament and members of legislative assemblies strongly urging the enforcement

of the criminalization of the purchase of sexual services. This resolution can be found at www.cwl.ca under resolutions.

Global Solidarity - The Canadian Catholic Organization for Development and Peace

Please encourage your council members to support the Share Lent activities in your parish during this period of Lent. If you have not had any Share Lent programs in your church community or if you want to improve your parish's commitment please begin planning for next year, e.g. plan a Think Fast for the Youth and/or adults, or a 'Rich Man Poor Man meal, or plan to educate your parishioners and distribute the Share Lent materials available from the Development and Peace website - www.devp.org

If you are interested in helping to build a world of justice, begin by becoming a member of the Canadian Catholic Organization for Development and Peace (CCODP) for just \$5.00/year. Councils can apply for memberships and personal memberships are also welcomed. For more information, visit their website or telephone (800) 494-1401 for information on how to become a member.

In conclusion I would like to quote Madelyn Corbett, Newfoundland and Labrador

(Continued on page 12)

Community Life Standing Committee Chairperson—Caroline Ngui ... (cont'd)



(Continued from page 11)

Community Life Chairperson who wrote in a recent directive:

“Community Life is about justice and hope in the face of what seems insurmountable; from the

dignity of persons to developing countries. Keep your eyes and ears open to see how you can do justice to the people in your own community. Let us continue to show people “We Have Seen the Lord” by our positive attitude. Positivity is like a switch. Flick it

on, and it will brighten your whole life.”

Caroline

Lenten Retreat



What a wonderful day of Faith, Fun and Fellowship! Beginning with the story of the Prodigal Son, Fr. Dan Vere inspired us to be People of Forgiveness. He shared many stories of his own personal journey to forgiveness. He particularly praised the women on his journey who had taught him how to forgive. Using Joseph Sica's book, "Forgiveness: One Step at a Time" he gave us the steps to be forgivers. "Forgiveness is a marathon, not a sprint" became

the motto we were challenged to live by. The ten steps were:

- *Ruined: Handling Injury*
- *Retreat: Getting Stuck*
- *Revenge: Wanting Payback*
- *Rehearse: Telling Everybody*
- *Rethink: Waking Up*
- *Respond: Loving Confrontation*
- *Reminder: Setting Boundaries*
- *Repair: Patching Up*
- *Reward: Reaping Benefits*
- *Release: Moving On*

We celebrated Eucharist together and shared a delicious lunch prepared by the ladies of Sacred Heart Delaware.

All in all, a wonderful day!

Mary



Legislation Standing Committee Chairperson—Dara Hartman



At a recent 'Catch the Fire' gathering, I heard Lorette Noble (on the Salt & Light video clip about the League) referring briefly to the motto of the Catholic Women's League, 'For God and Canada'. She said, "We know that 'for God' means our faith but what does 'for Canada' mean?" She elaborated and explained to some degree but that question continues to resonate with me. What it means is that we are able to approach Canadian federal and provincial lawmakers, to write briefs, to be resolved to make changes and to prompt government lawmakers towards rightful legislation on ethical issues, social justice issues, safety issues and more by means of

lobbying, letter writing, telephoning, e-mailing, and approaching them in person. Does this mean that we have a say? Absolutely. Does this mean we have the power to influence? Absolutely. Does this mean we can make a difference? Absolutely.

Having said that, I would very much like to see the councils in this diocese have a greater say, a greater influence, and make a greater difference. It is really not a difficult mission. The annual reports I received indicated that the issues, as pointed out by National and Provincial Councils, and of great importance to the League, are being discussed, tracked, and acted upon by a small

percentage of councils in our diocese. We clearly have the 'quality' in Legislation activity in place, what we require now is the 'quantity'. If more councils took an active interest in the standing committee of Legislation we could certainly increase the gentle tap we extend to our lawmakers to a significant nudge towards good and fair legislation for all. That way we get the best of both worlds as we live out our motto "For God and Canada".

Dara

Regional News—London Representative—Gwen Waeijen



Well, it seems that spring is in the air or at least I think so on most days. The chill that is in the air on other days is just a reminder of the Christmas season past. I found it to be a faith filled time of sharing with family, friends and of course our CWL ladies. We kicked off our Advent Season with our Annual Advent Tea with Fr. Clare Coleman as our guest speaker. The social that followed gave each and every one present the opportunity to express their joy at the birth of

Jesus in our midst. It was a prayerful and powerful way to welcome Our Lord into our lives.

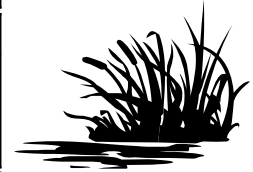
Lent is a powerful time of forgiveness. Our annual Lenten Retreat was a huge success with Fr. Dan Vere leading us in ways to return to The Lord through reconciliation. Those of you who missed the retreat might consider the book "Forgiveness One Step at a Time" by Fr. Joseph F. Sica.

The joy of Easter and the Risen Lord will be upon us before we know it. I am looking forward to see everyone in Stratford (my home town) for our 92nd Annual Diocesan Convention.

May God's Blessings be upon us during the Easter Season.

Gwen

Regional News—Essex Representative—Mary Lappan



It's hard to believe this is the spring edition of the League Lingo. I'm sure Christmas was just a few weeks ago.

Has your parish "Caught the Fire" yet? If not please arrange a presentation. It's a great learning experience for both young and old.

The Fall Regional Day held in Leamington was well attended and an excellent learning experience. Father Matt entertained and enlightened everyone.

The Essex Region parishes have been very active during the fall

and winter seasons with parish breakfasts, bazaars, potluck suppers and retreats.

In January we welcomed a "new" council to our region. St. John the Baptist Parish in Amherstburg has returned to the CWL fold after a 13 year absence. Please pray that Our Lady of Good Counsel will guide and bless them in all their endeavours.

The Diocesan Lenten Retreat in Delaware was a wonderful prayer-filled day. Father Dan Vere's talk on reconciliation gave us much to think about.

Our Diocesan Convention in Stratford is approaching fast. The executive has arranged for some top notch speakers. I'm sure everyone will have a great time. Mark your calendars for April 22nd - 24th, 2013.

At present the Windsor and Essex Regions have started planning for the convention in Windsor. We are looking forward to hosting our League sisters in 2014.

Mary



Regional News—Sarnia Lambton Representative—Wilhelmina Kole

I hope everyone is enjoying our Canadian Winter weather and the fact that winter will be giving way to Spring soon.

In January, 36 CWL ladies of Sarnia Lambton Region enjoyed a wonderful Potluck Supper before our meeting. Father Raju Allumpurath, Associate Pastor of St. Benedict's Parish, joined us for dinner.

Sarnia Lambton Region presently has 12 councils, but joyfully hope to increase to 13 in 2013. St. Peter's CWL Council is in the process of reactivating their charter at Queen of Peace Parish.

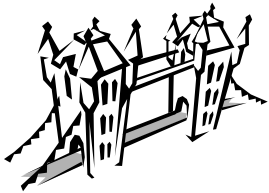
The first Saturday in Lent, I attended our Annual Lenten Retreat. What a wonderful way to start Lent! The presenter, Father Dan Vere spoke to the

group about reconciliation and forgiveness and how important they are in our lives.

Yours in Christ,

Wilhelmina





Regional News—Windsor Representative—Marilyn Morrison

*"We Have Seen the Lord
- He is in us!"*

It's not too late to wish all League Lingo readers a very "Happy New Year!" I sincerely hope you are enjoying all the gifts this New Year, this "Year of Faith" has to offer.

On November 19th, 2012, our Region held our third annual "Advent Tea." What a wonderful evening, with 44 women in attendance representing 10 of our 12 Councils. As in previous years we brought non perishable food items for St. Vincent de Paul. To put our hearts and minds at peace to welcome the holy season of Advent, we began by lighting our Advent Wreath and praying "Light our Way" asking to God to guide our journey awaiting the birth of Jesus. Our evening includes our "hat contest" with prizes awarded to the loveliest and most outrageous. A lot of fun was had by all participants. Following a brief business meeting we enjoyed a wonderful array of tasty sandwiches and deserts that were brought in by each Council.

We were delighted to offer financial support along with a few other Agencies to ensure that local families would enjoy a lovely Christmas dinner.

Our League members were very busy during the holiday season, supporting local charities by having bake sales, raffles, and bazaars and pot luck suppers for their individual Councils.

On February 16th, 2013 Council members attended the annual Lenten Retreat held at Sacred Heart Parish in Delaware. Fr. Dan Vere led us on a journey discussing "The Return of the Prodigal and Forgiveness of the Father." A grace filled day for all who attended.

All Council members are encouraged to attend the World Day of Prayer services held throughout the Region on March 1st, 2013. The host Country this year is France.

On Wednesday, March 13th 2013, Windsor Region will hold its first Lenten Day of Reflection. It will be held at St. Michael's/Immaculate Heart beginning at 9:30 a.m. until 2:00 p.m. Our Facilitator is Fr. Paul McGill, C.S.B. who will share reflections on "The Woman at the Well." Everyone is asked to bring a brown bag lunch and we will have a "free will" offering. Refreshments will be served at no cost. All are welcome. Please contact Marilyn Morrison for further information.

Also on Wednesday, March 13th, 2013 Our Lady of Guadalupe Council is holding a Day of Reflection from 9:00 a.m. to 3:00 p.m. with Facilitator, Sr. Janine Rocheleau. The cost is \$5.00 and to register please call Brigitte McFadden at Our Lady of Guadalupe.

It is unfortunate that we have Days of Reflections booked for the same day, however due to

scheduling conflicts we could not change either date. Two choices ladies! We pray and trust that the Holy Spirit will lead us to where we need to be on March 13th 2013.

The 92nd Annual London Diocesan Convention to be held from April 22nd to 24th, 2013 in Stratford, will soon be here. If you haven't already registered please do so. A wonderful opportunity to get to know members from Councils throughout the Diocese form new friendships, renew old friendships and have fun! See you there!

All Councils have been presented with information on the new Catholic Women's League training package, "Catch the Fire." A workshop will be held on April 20th, 2013 at Our Lady of the Atonement Parish, 2940 Forest Glade Drive, and at Most Precious Blood Parish on May 18th, 2013. St. Paul's Council along with Our Lady of Perpetual Help Council will join all in attendance at Most Precious Blood Church located at 1947 Meldrum St. Both workshops will begin at 9:00 a.m.

Please contact Betty Recker, President at Most Precious Blood Parish or Deanna Leveque, President at Our Lady of the Atonement if you would like to attend one of these workshops.

Marilyn

Regional News—Chatham Kent Representative—Angela Soulliere



Hello Ladies!

We are making our way through the winter season. We will all be in our gardens very soon! I know that I am looking forward to that time also...

I have been busy over the past few months. There has been a lot going on with the Chatham Kent Region.

I am fortunate to have been trained as a Catch the Fire facilitator. I have just returned home from our first workshop and the response was very

favourable. I am excited for all of our membership to receive the opportunity to attend this workshop. It was a wonderful day of Faith, Fun and Fulfillment. What a gift we have in this workshop!

I am gearing up, and am excited to be able to attend the upcoming convention in Stratford. It will be a learning process for me; attending as a member of the Diocesan Executive for the first time. Convention is a time to renew old friendships and create new ones...

With the resignation of the Holy Father, our church is experiencing a time of change. And we all know that change is not something that we handle well...But in the words of Shrek, "Change is good Donkey." Let us move forward with that in mind...

May the peace of our Risen Lord be with you...

Angela

Regional News—Huron Perth Representative—Mary Sanders



We are well into Lent. May we grow closer to Our Lord as we prepare for Easter!

I have been blessed to be Co-Chair with Susan Christie of the 2013 Convention in Stratford Ont., on April 22nd, 23rd, & 24th. The Ladies from Huron Perth are working diligently for all of you to enjoy a faith, fun filled convention. As the theme for the Convention is "We Have Seen the Lord – He is in US", may we continue to see Christ in each other as we prepare for the convention.

It was great to see so many women out to the Lenten Retreat in Delaware, Ontario in February.

I attended a great presentation of "Catch the Fire" workshop in Woodstock. There were many times in the presentation that I felt that Christ was right beside me there. Beautiful, wonderful job to the executive who put it on. I look forward to doing my part in the workshops in Huron Perth.

Please PRAY for the voting of our newly elected Pope.

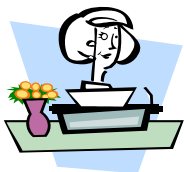
Sacred Heart of Jesus have mercy on us. Our Lady of Good Counsel Pray for US.

God Bless

Mary

**Look for the ad for the Stratford
Convention on April 22, 23 & 24.
Found on page 18**





League Lingo—Editor, Sandra Cabiddu

As I write this I am just back from being in the hot, hot, hot sunshine of Costa Rica. Have not seen the sun since returning last week! What a wonderful rest to set me up for the coming year.

Easter is just round the corner, but because I left for my holiday in the new year and Christmas was just over, it seems strange that suddenly it is another Easter, and I am working like crazy to get this edition finished on time and ready for delivery at the end of March!! Then as soon as Easter is over, it will be convention time again. I am looking forward to this as I always do—it is a great learning tool, and no matter how

many conventions I attend, I always learn something new and have something new to bring home with me.

Orders are still down this year again, from previous years, but the articles are still coming in, even though a couple of regions did not send in any articles. I thank you for those that I did receive.

I hope those of you who have not ordered will do so, when you see a friends copy, and you will bring your order to convention. I will be bringing extra copies with me to convention.

Now I am off to spend some time with my 3 beautiful grandchildren over the next 2 weeks. The 2 oldest were put onto skis for the very first time (at the age of 3½), and I can't wait to see them in person (not on video) and put me to shame, because I never learnt to do the downhill skiing.

Let us pray for all the cardinals as they prepare to select our new Pope.

See you in April in Stratford

Sandra

ANAGRAMS

ASTRONOMER:

When you rearrange the letters:
MOON STARER

THE MORSE CODE:

When you rearrange the letters:
HERE COME DOTS

SLOT MACHINES:

When you rearrange the letters:
CASH LOST IN ME

DORMITORY:

When you rearrange the letters:
DIRTY ROOM

93rd Annual London Diocesan Convention

April 22, 23 & 24, 2013

*Arden Park
Stratford, Ontario*

*Hotel Information:
Arden Park Hotel,
552 Ontario Street, Stratford*

Speakers:

Tuesday a.m.—Joy Smith, MP, speaking on Trafficking of Women & Children

*Tuesday p.m.—Voting on the Proposed Amendments to the
Constitution & Bylaws (Accredited Voting Delegates)*

Tuesday Evening—Banquet

*Wednesday a.m.—Speaker Teresa Hartnet, Director of
Family Minister Office, (Hamilton)*

Wednesday p.m.—Invitation to the 2014 Convention

Wednesday, 3 p.m.—Closing Mass

Monday night—Fun Night—Country Western

Tuesday night—Banquet

Tuesday morning—Joy Smith, MP, Speaker

Tuesday Afternoon—Voting on C & Bylaws

Wednesday a.m.—Guest Speakers from

National & Provincial CML

Wednesday Afternoon—Closing Mass

*We Have Seen the Lord -
He Is In Us*





Council News—Essex Region—Holy Name of Jesus, Essex—President, Janice Rounding

We asked the ladies of our parish to submit recipes that we compiled into a Recipe Book to commemorate the parish's 125th anniversary. We sold quite a few of them at our Annual Turkey Dinner and Bazaar in November.

We delivered poinsettias to our shut-ins and nursing home members for Christmas. It is always nice to visit with these ladies for a bit and brighten up their day as well as ours.

We collected sleeping bags, blankets and coats in January and delivered them to Street Help,

unit 7, to help the homeless in the Windsor area.

We held our first Souper Saturday and Sunday after evening mass and 11:00 mass. We served various kinds of soup, crackers and cookies for a free will offering. The weekend included a silent auction of about 14 fabulous desserts donated by our talented ladies in the council. We will be collecting prom, graduation and bridesmaid dresses in March and April for the Children's Aid Society.

We have booked a guest speaker from Erie Glen Manor for our May meeting. Her programme is called Brain Gym. It is to help us to physically and mentally be alert and help ward off dementia.

We annually host a reception following the Easter Vigil for our RCIA candidates.

May Our Lady of Good Counsel bless us all.

Janice

Council News—Essex Region—St. Simon & St. Jude, Belle River—President, Lee Levergood

The Fall was very busy preparing for our annual Bazaar. Our meat pie freezer orders continue to increase each year. To keep up with the demand we are considering adding a third day in 2013.

Thanks to the many hard working volunteers and assistance from the husbands, the Bazaar was a great success.

Our Christmas Party was enjoyed by all who attended. A turkey dinner was served with homemade apple pie for dessert. The entertainment for the evening kept the members singing and dancing to his great tunes from the 50's and 60's.

We donated gifts and clothes to three families for the Essex Food Bank. Our Pyjama drive for the Belle River Goodfellows was again successful. This year we provided 142 pairs of new pyjamas to the needy families in our community. We continue to donate clothing, toiletries and gifts to Unit 7 Street Help throughout the year.

Our first Advent Tea was held in December. This year's theme was "What can we learn from Mary and her Faith?" A meat pie luncheon was served with delicious desserts and tea to follow. All feedback was positive and the members are looking forward to the next Advent Tea.

In January, the annual budget was presented and approved by the general members. A workshop was presented ...topic: *"What are our Treasurers and how do we use them?"*

As the new year rolls in, we look forward to Diocesan Convention and council activities and projects ahead for 2013.

Lee



Council News—Essex Region—St. Michael, Leamington—President, Barbara Quenneville

As we enter this "YEAR OF FAITH", we are embarking on new themes for the CWL. The National theme is "WE HAVE SEEN THE LORD" and our Diocesan subtheme is "HE IS IN US". To go along with these, the Provincial theme is "AS PEOPLE OF FAITH". Here at St. Michael's, we try to fulfill these themes by completing many endeavours.

With our new Executive being installed at a December Mass, we are looking forward to accomplishing many things. In January, the Kitchen Inventory is completed along with a general cleaning of the cupboards. Our Church hosted a Parish Mission from January 27th–31st, lead by Father Louis Guardiola, a Father of Mercy. The theme was "The Church as the Ark of the Covenant leading us to our Heavenly Home". Fr. Louis was quite informative and very inspirational. Hopefully, all who attended the Mission were enlightened to see the Lord. We also had a "Leadership Workshop" presented by Pat Rivest. Pat is an excellent source of knowledge which she demonstrated by informing all of the Executive of their duties.

With February comes Ash Wednesday on February 13th. The Diocesan Lenten Retreat is on February 16th at Sacred Heart in Delaware. We participate in the "MEALS ON WHEELS" programme for our community during this month. Our Treasurer presents the Budget for 2013. We will be making and selling

Portuguese Donuts as a fund raiser on February 9th – 10th. During Lent, we will probably be participating in the "40 DAYS FOR LIFE VIGIL" at the Leamington Hospital. This is a one hour vigil each Thursday evening, where we hold candles and pray silently for an end to abortion. Convention information was distributed as well as the Resolutions which will be voted upon at our February Meeting. Mrs. Theresa Buschman, the Life Enrichment Co-ordinator at Erie Glen Manor (a retirement home) and a Parishioner here, will present a programme at our meeting called "BRAIN GYM AND MORE". This is an innovative programme that may improve mental functioning, memory, concentration, co-ordination and overall well – being.

On March 1st, the WORLD DAY OF PRAYER will be hosted by the Knox Presbyterian Church. We attended an information meeting and will be participating in this event with all of the other Churches in Leamington. On March 9th, we will be having our own Lenten Retreat Day for anyone in the Parish. Also, we will vote on the 2013 Budget. In addition, we sponsor the Birthday Party at the Mennonite Senior Home, where we provide birthday cake, presents and entertainment. On March 23rd, we will prepare a lunch for the RCIA candidates and sponsors. May the "Lord Be In All of You" as you celebrate the great feast of Easter, the risen Lord.

In April, we will be preparing for our Annual Banquet in May. The Diocesan Convention will be held in Stratford on April 22nd–24th, where we will be re-united with other CWL members from the area. Our Lady of Good Counsel Feast Day on April 26th is celebrated by having a Mass. Our Parish is having a Dinner/Dance as a Fund Raiser Activity for our new Church on April 20th. We will be providing baked goods and assistance for this event.

Throughout the entire year, we give assistance to our St. Vincent de Paul Society. Each month, we target certain foods such as cereal, tuna, pasta, etc. for their Food Bank. As well, money is collected in the "Penny Jar", which in turn purchases food supplies for the less fortunate people of our community. In addition, we donate money to the Children's Aid Society to buy baby layette packages for the newborn babies who go to foster homes. Also, we do funeral luncheons in the Church Hall for any parishioner who requests it. We distribute Prayer Shawls, which are made by the ladies, to anyone in the Parish who has undergone surgery or who is in a nursing home or at home as a shut – in. Along with the shawls, we give a Teddy Bear and two prayer cards.

Hopefully, by all of these actions, we can "see the Lord" and "have Him In Us" as we serve God, Canada, Leamington and St. Michael's Parish.

Barb

Council News—Sarnia Lambton Region—Our Lady of Mercy, Sarnia—Past—President, Phyllis Vanoverbeke

We were prepared to do the Vision Nursing for the March birthdays, and then we received a phone call at the last minute. It was cancelled due to illness at the home.

We attended the CWL convention in Chatham in April 2012.

We held our annual Spring Tea, which was a great success, thanks to the many people that donated baked goods, jewellery, and helped in many ways.

Six ladies received the Ontario Volunteer Awards

We offered hand made flowers to the Mothers on Mother's Day, with a free will offering.

For our June 2012 meeting, we invited St. Joseph's CWL Sarnia and the executive of St Ben's CWL to join us for a pot luck supper.

St Bens' weren't able to join us.

We were honoured to have Rob Ciccheli along with two students speak on their experience to the Muskoka Woods Retreat.

There was a presentation of service pins—40 years to Patricia Graves, 50 years to Ann Bukovinsky, and 60 years to Madeleine Dozois

Some ladies attended the CWL Retreat at Merlin in July 2012.

In November we had the elections—thanks to Pat Sloan she accepted the position as President. The rest of the executive keep their same

positions—we wish them good luck in 2013-14. The installation was January 13th at 9:00 a.m. with our spiritual advisor Fr. Jim Higgins.

On November 24th 2012, the annual book sale was held thanks to a lot of dedicated ladies—thanks for their time for slugging and sorting the books. The sale was a great success—we were able to send a nice cheque to the Canadian Catholic Missions. (Photo below).

It was great sharing our Christmas Party in December with St. Joseph's CWL Sarnia. They go all out

We were able to make donations to the local charities with the profits from the spring tea



*Bridie McKeon (left) and Elsie Seward (right)
Convenors of the 4th Annual Book Sale held by Our Lady of Mercy CWL, Sarnia for Canadian Catholic Missions, held in November 2012*



*Installation of the Executive of Our Lady of Mercy CWL in Sarnia on January 13th, 2013
Left, Phyllis Vanoverbeke—Past-Pres., Bridie McKeon—Community Life & Christian Family Life, Maureen Price—Secretary/Treasurer, Pat Sloan—President and Fr. Jim Higgins, Spiritual Advisor.
Missing: Elsie Seward—Spiritual & Membership, Linda Scarpelli—Resolutions & Legislation & Betty Baranek—Corresponding Secretary*



Council News—Sarnia Lambton Region—Sacred Heart, Sarnia—Co-presidents—Martha Knight & Barb Paul

It was a busy fall and winter for our Council. Last fall we spent several enjoyable afternoons preparing apple and turkey pies, and apple crisp for our Christmas bazaar. This was the first year we made apple crisp to sell as a frozen dessert and it was very well received by our bazaar customers.

Many of our Council members went out to the bush and cut branches for our outdoor Christmas arrangements. We were assisted by Hurricane Sandy which provided us with an overabundance of raw materials in the form of downed evergreens. We had an all day

work bee to put these pots together. They were very attractive and sold extremely well at our Christmas bazaar.

In early December we had our annual Christmas dinner. We began with Mass followed by a delicious dinner catered by The Gourmet Cafe. After dinner we enjoyed a wonderful Christmas carol sing along.

At our January meeting service pins were presented to 12 members. Eileen Benninger and Nina Forbes are to be congratulated on 60 years of faithful service to the League.

Mary Ann Boucher and Kathleen McAnulty have been members for 50 years.

We anticipate a busy spring. Members will participate in the World Day of Prayer event and a "Catch the Fire Workshop". Our Council will be coordinating the luncheon for Cyclone Aid at St. Christopher's high school in March. With the assistance of the Sarnia Deanery CWL Councils, we will provide lunch for 300 students after they spend the morning collecting canned goods for our local food bank.

Martha & Barb

Wilma McNeil of Sacred Heart, Sarnia, Honoured with a presentation of the Bellelle Guerin Award

How do you honour a Catholic Women's League member who has served in her various councils for 56 of 58 years as a member—by presenting her with the Bellelle Guerin Award

This prestigious medal and certificate were presented to Wilma McNeill by her "sisters" of the Sacred Heart Council at the Christmas dinner/meeting on December 4th, 2012.

Bellelle Guerin was the first president of the Catholic Women's League of Canada. In her honour, this award is

presented to individuals who have worked tirelessly to keep the spirit of the League alive and have given exceptional service to Canada.

Wilma McNeill IS this individual. No job is too big or too small, no challenge too difficult for Wilma to take on and complete to the best of her ability, always with her famous smile.

She served equally well in four provinces—Prince Edward Island, Manitoba, British Columbia and Ontario for years.

We are honoured to have Wilma still working with us at Sacred Heart, to keep alive the vision and spirit of our first president.



Council News—Sarnia Lambton Region—St. Benedict, Sarnia—President Carol Hall

This past June, St. Benedict's CWL started a new initiative. We usually have a baby shower at our June Pot Luck, but this year we learned that the St. Vincent de Paul Food Bank was in need of articles for small children. We asked those attending the pot luck to bring in diapers, baby wipes, articles of clothing, shampoo, etc., that those with young children could use. The response was excellent from the 72 members that were present.

The June potluck was preceded by a mass for the intentions of Phyllis Meade who was celebrating her 100th birthday that weekend. She has been a member of the CWL

for over 70 years and still volunteered at our bazaar this year.

After the mass, we honoured 3 long standing members with the Maple Leaf Service Pin for their outstanding service to our League. Those receiving this honour were Jean Sauve, Rosemary Poyser, and Ruth Houlahan.

In November, we had a special service to remember our members who had passed away this year. It was a very moving service and family members who were at the meeting played a role in the presentation.

We closed our year with a Wine

and Cheese Party featuring a Finger Food Pot Luck on December 11th. Members were asked to bring pasta/sauce/pork and beans for the St. Vincent de Paul Food Bank and items for the Women's Interval Home to use for Christmas. The turnout and the Christmas party was excellent. The entertainment was a Jeopardy game put together by Mary Mitro and Marian Blonde, based on a CWL Jeopardy game that is available through the National Order Form, followed by a Christmas music presentation led by our own Deacon Chuck Stevens.

Carol

*Peppers with 3 bumps on the bottom are sweeter and better for eating.
Peppers with 4 bumps on the bottom are firmer and better for cooking.*

To really make scrambled eggs or omelettes rich, add a couple of spoonfuls of sour cream, cream cheese, or heavy cream in and then beat them up.

Leftover Snickers Bars from Halloween make a delicious dessert. Simply chop them up with the food chopper. Peel, core and slice a few apples. Place them in a baking dish and sprinkle the chopped candy bars over the apples. Bake at 350°F for 15 minutes. Serve alone or with vanilla ice cream. Yummm!!

*Heat up leftover pizza in a non-stick skillet on top of the stove, set heat to med-low and heat till warm. This keeps the crust crispy. No soggy microwaved pizza.
I saw this on the cooking channel and it really works.*

To keep squirrels from eating your plants or digging them up, sprinkle with cayenne Pepper. The cayenne pepper doesn't hurt the plant and the squirrels won't come near it

Council News—Sarnia Lambton Region—St. Michael, Brights Grove—President, Josie Parker & Past-President Nancy O'Malley

In 2012 St Michael Catholic Women's League celebrated our 25th Anniversary and the many good works that have been done for our parish, our community and our members. We had an exciting and busy year and celebrated our accomplishments while staying focused on our mission to stay rooted in Gospel Values.

Supporting the sacraments remains a priority of our League and is done by presenting a gift at First Communions, hosting a reception for Confirmation, presenting a gift at weddings and providing funeral support and luncheons as requested. We also lead the Rosary in the schools, at Nursing Homes and after Wednesday mass during the months of May and October.

The executive meet monthly, from September to May, and our four General Meetings per year are celebrations starting with Mass, then a meal, education and fun.

In February we hosted a Korean Dinner with two food demonstrations and one of our priests acted as the sushi chef.

In May we were delighted with a Lasagna Dinner and guest speaker Brother Antony, who spoke about Mary in his life. It was his final speaking engagement before retiring in Holland.

The highlight of the year was the 25th Anniversary Dinner, attended by our Diocesan President, Mary Jean Horne & Sarnia Lambton Regional Chairperson Willi Kole, expertly organized by a large group of Past Presidents which included entertainment, photo opportunities, and a slide presentation of the history of our League and lots of comradery and reminiscing, which was enjoyed by 68 members of the League, many of whom were on the original charter.

We closed out the year with a Christmas Pot Luck celebration, a challenging game of trivia and presentation of gifts to the wonderful parish staff that support us so faithfully.

Fundraising efforts are generously supported by parishioners and allows our league to support many charities both at home and in the community, including school breakfast programmes, Vacation Bible School and St Vincent de Paul. Fruit pies, tourtiere pies and a Fall Bazaar—make up the greater portion of our fundraising efforts. Our tourtieres are so popular that it took only an hour and a half to sell two hundred and twenty five of them. The hard work of the pie makers is rewarded. The specialties of the bazaar include baking, gift baskets and sewing, much of which is done by a Thursday morning sewing group

who also continue to donate much of their work to Pikanjikum, a community in Northern Ontario.

This 25th anniversary year was an anticipated event that we saved for to more generously donate back to our parish by providing funds to complete two new alter chairs, purchase two new vestments for our Deacon and celebrants and re-decorate the church meeting room complete with audio visual equipment. We are now in the tech age and can host visual presentations, have family movie nights and even use the projector for our meeting agendas and save the environment by not printing so much paper.

I must mention too, that our prayer chain is alive and well and is mostly done by email. Many of the League members support and make requests for prayers for family and friends, and prayer continues to be the healing grace that lightens the load.

We ended our 25th Anniversary year with pride in our League and the hope of many more successful years. We are thankful for the abundance of blessings that we have received

Josie & Nancy



Council News—Sarnia Lambton Region—Holy Rosary, Wyoming—St. Philip's Parish—President Joan Fournier

October 21st I had the privilege of knowing a hard working CWL member from our council who was getting recognized for many years of hard work, in a leadership capacity.

Anna Jenniskens was presented with the Bellelle Guerin Pin and certificate and our pastor, Father Tony Del Ciano blessed both the pin and Anna. Anna also received a congratulatory letter from both Provincial and National CWL. A coffee break was held after mass, and Anna's family had a family celebration after that..

Bellelle Guerin was the first president of the Catholic Women's League of Canada and to receive the award there is criteria for it:

1. the nominee must have been a member of the league in good standing for at least 25 years
2. the nominee must have been active on her parish council (s) for the twenty five years.
3. the nominee must have served on the parish executive
4. the nominee must have given extraordinary service to the league, contributing at the parish and diocesan and/or provincial level

5. the nominee must have demonstrated her love of the league through her words and actions.

I could give a list of the projects Anna has and is convening, both for our league and in our parish, and also for Right to Life but I'm not. As much as I thought the Bellelle Guerin Award was a special way of saying "Thank You" to Anna for all her hard work continuously over the years, I realized the award meant just as much to her husband, children and siblings because we publically acknowledge all her hard work, and our appreciation of Anna.

This award was a complete surprise to Anna. She knew her children were at Mass because they planned on going out for brunch afterwards. Her brothers and sister, who all live in the London area managed to stay hidden from her view when she proclaimed the word during Mass and also when she gave a talk on membership before the closing of Mass. Her family are very proud of her, as are we. Our council is blessed with volunteers for whatever project we are working on at the time, and we

have many long standing, active members who also deserve recognition for the countless hours they have given to our League.

Anna also received the Senior of the Year award for Plympton Wyoming in December, so on behalf of all our members Congratulations Anna!

To all CWL League's I encourage you to express your appreciation to your hard working, dedicated, members. Let them know they are appreciated and let their families also know they are appreciated.

Our League was involved in many fundraising projects to help pay for the Roof restoration project our parish church requires, as well as our regular projects to raise funds so we can donate to our regular charities.

Joan



Council News—Huron Perth Region—All Saints, Strathroy—Submitted by: Willie Hoefnagels

Strathroy All Saints Catholic Women's League Goals and Prospective for 2012

We have a membership of 200 plus paid members. We are a group of hard working, fun loving women who work for the betterment of our families, our community, our parish and for God and Canada.

We support our 3 Catholic schools by donating funds to assist bussing for the students to attend Mass or other faith filled activities. Three bursaries go to the students at Holy Cross. Pat Brown's bursary goes to a student who will be pursuing an education in the health field and two other students who demonstrate Catholic faith throughout the year. We support local or foreign for example: The Parish, Upper Deck, hospital, right to life, women's rural resource centre, northern missions, save a family plan (2 families) and development and peace and prepare and serve a lunch for "Fresh Start for Babies". This year we donated \$400.00 to the Emery family.

We have members who volunteer at the school with the Rosary Programme, the reading programme, at the hospital including the coffee hut, the information booth, Women's Auxiliary and potter patients. Some members volunteer with the pastoral care each Tuesday and Wednesday mornings at Strathmere Lodge and Sprucedale Care Centre. A few

of the ladies assist with the weekly Senior Euchre in St. Columbian Room. This is well attended with 9 to 12 tables in attendance. Some of us volunteer at St. Vincent de Paul store, some visit the sick and shut-ins and of course prepare and serve the luncheon for the Marriage Prep couples and leaders in our parish. Also, we have some members who are lay readers, Eucharistic ministers and music ministers.

We are well known for preparing our great funeral luncheons, catering to different functions such as school dinners, Confirmation retreat, Holy Cross athletic banquet, anniversaries, birthday parties, emergency response luncheon and other functions that we are requested to do for the parish and the community.

How do we raise our money to support all of our projects? The biggest fund-raiser is our annual bazaar. We make frozen pies, which I might add, the members themselves donate most of the expenses. We do ask the parishioners for donations towards the bake table, crafts, sewing and the many other areas of the bazaar. We join the community in January for Unity Sunday. In March, we participate in the World Day of Prayer with the other churches. April is our annual convention. May, we have our mother/daughter potluck along with future members of our League and this is always a very enjoyable evening. In

October we attend our Fall Regional Day. Every year we are invited to the Delaware & Glencoe potluck supper and in December, we join with the Knights of Columbus for our annual Christmas Social.

Our meetings are held on the first Monday of the month with the exception of holidays and then we change it to the 2nd Monday. We issue a newsletter the weekend before the meeting to inform the members and the parish of upcoming events in the League. At our meetings, we discuss the needs of the League and of the parish. We have guest speakers from various organizations, clubs etc. to inform us of the activities of the community. Some of these guest speakers are from the hospital and from government. We have always encouraged our members to write letters to the government on the many issues that are facing us today and to express our beliefs and our faith.

The last item performed by the League for our sisters of the League is to go to the funeral home to either pray the rosary or funeral prayers depending on the wishes of the families. We also attend the funeral mass with an honour guard when requested, as this is our gesture to say goodbye to our sister of the League. May our Lady of Good Counsel protect us as we work for God and Canada.

(Too late for last fall's Edition).

Willie

Council News—Huron Perth Region—St. Joseph, Listowel— Submitted by: Mary Ann Hurst

St. Joseph's Catholic Women's League celebrated their 60th anniversary on Monday October 15th with a mass lead by Father Keith Morrison. Ladies then enjoyed a delicious roast beef dinner at the Legion in Listowel. Judy Charles convened the evening and introduced the head table with Mary Sanders, Huron-Perth Regional President, Mary Jean Horne, London Diocesan President, Diocesan Chairpersons Angela Pellerin &

Mary Bannon, co-Presidents Marlene McQuinn & Mary Ann Hurst, and Father Keith Morrison. Jo-Anne Boyne thanked Barb Beier & her staff for the meal. Presentation to Diocesan & Regional guests was made by Gloria Sebastian & Julie Immink.

Celena Kocher was then presented with her 60 year pin and Nell VanWinden received her 40 year pin. Absent but also receiving 60 year pins were Madeline Helmka,

Stella Makohonik, Luella O'Grady, Patricia O'Grady & Beatrice Vollmer. Absent and receiving 10 year pins were Nancy Cleary & Marj Miller. History of the past 60 years was presented by Judy Givens and the evening ended with a musical interlude provided by Mozart Gelinas.

Mary Ann

Council News—Huron Perth Region—Immaculate Conception, Stratford—Past-president, Mary Bannon

What great fun we had at our November Noel Bazaar! From the generosity of our parishioners and the hard work of our members we were able to donate \$13,000 to our parish for its work of ministry. Also many other charities benefitted from our gifts to them.

So far this year we have 7 new members and are in the process of encouraging others to renew their memberships. An old proverb says "A bundle of sticks cannot be broken". Together we are a strong force in our community.

We enjoyed a wonderful Christmas Pot-luck dinner and were entertained by Beverly Maranger, a wonderful singer who

has generously given us her time and talent several times. We always enjoy her music.

The Council of Churches has once again asked our League to prepare and serve Lenten Luncheons. We serve delicious hot soups, a variety of sandwiches and great desserts for 6 weeks during Lent. It is an opportunity to experience spiritual growth through listening to speakers from different Christian churches—most enriching!

With the penny becoming obsolete, our council and our sister council of St. Joseph's held a "Pennies From Heaven for Haiti". We asked people to give us their pennies to be sent with a couple

from our cluster who travel to Haiti to help a hospital and a school in Haiti.

We are looking forward to seeing you at the Convention April 22nd, 23rd and 24th in our home town and at our home parish for the Opening Celebration of the Mass.

Come and say hi to us! We'll be on the Registration desk—you won't have to search far for us!



Council News—Huron Perth Region—St. Joseph, Stratford— President, Mary Gaffney

We are very busy preparing for the convention in April and looking forward to seeing everyone. We are also busy selling raffle tickets for our fund raising for the Parish Restoration Fund. We are having a bake sale and raffle draw on March 24th where there are several excellent prizes

In October we had our Communion Luncheon and honoured several members with service pins. We welcomed some new members and presented the Maple Leaf Service Pin. This year there was a tie in the voting so two members were presented with the Maple Leaf pin. These two ladies were very deserving and are also twin sisters so it was a dual

celebration.

We took part in the White Ribbon Campaign and the large ribbon with several signatures along with a petition was forwarded to Ottawa. Several of our members also took part in the silent protest against abortion. We also continue to serve at several Funeral Lunches.

A memorial service for our deceased members was held in November. This year the service was combined with the Knights of Columbus for their deceased members and the parish Grief and Bereavement Committee. It was well attended and also well received.

At our Christmas Gathering we enjoyed listening to our associate pasture Father Anthony who led us through the process of his life and what led him to the Priesthood. It was quite interesting to hear about the different customs in his home county.

Our Membership at the present time stands at 219 members. We continue to encourage other women to join us.

Mary



Council News—Essex Region—St. Michael, Leamington—submitted by: Mary Lapos

GOOD "READ"

"90 minutes in Heaven" by Don Piper :

Don was in a serious car accident, died and went to heaven. After 90 minutes, a friend was able to Pray "hands-on" for him. He miraculously "came to" singing a hymn along with the praying friend. His long painful recovery taught him many lessons :

1. Heaven is real, our friends and relatives will be there to welcome us.
2. Depression can be over come by praising God
3. Letting others help is a "gift" to them.
4. God has a purpose in everything.

Don shares his story to encourage others experiencing chronic pain or who are grieving over a lost loved one .

Mary Lapos

Council News—Chatham Kent Region—St. Michael, Dresden—President, Theresa Burns

The 2012 CWL year began with a thank-you to the outgoing executive members and a welcome to the new executive. The official installation of the new CWL executive took place after mass on February 12th with a special blessing by Fr. Johnson. There were 77 members this year. Special pins of recognition were given to one new member, two 40 year members and seven 60 year members—something to celebrate!

Our spiritual chairperson provided inspirational topics and reflections at each meeting. Some topics were: ways to celebrate lent, Mary's mission is to lead souls to her son — are we taking the opportunities given to us to help others? and the seven 'must-haves' for true happiness (the gifts of the Holy Spirit). We were reminded to be good Stewards by using our talents, treasures and time. Always very inspiring!

Members were busy attending several meetings and events. A sample of events include the Community Planning Meeting for World Day of Prayer—March 2nd" (we provided readers and cookies), provided soup for Lenten Lunches, April Diocesan Convention. Right to Life Meeting, May 1st. Tree Planting Memorial Service on September

23rd at Lorne Henderson Conservation Area and Right to Life "Life Chain" on September 30th. Also, members prepared lunches for funerals and for a 50th birthday party.

In January, February and March, members arranged six successful card parties with Dutch Auctions which were enjoyed by many in the community. On December 7th, a Christmas Card Party was held and well attended. 5 Christmas Turkey Baskets were raffled off (all items were donated by CWL members). Members will be visiting shut-ins and presenting poinsettias to each before Christmas.

Two new and exciting events that the CWL helped with last year were the "We Believe in Dresden Day" (June 25th) and the "It Runs in the Family" Dinner Theatre Fundraiser for the Dresden Community Healthcare Foundation on October 19th. The first event involved the "whole body of Christ (believers from every denomination) gathering together for one day". Members provided a \$100.00 donation for food at the carnival, Members also assisted with putting up signs, taking registrations, preparing food and attending the events. Members assisted the dinner theatre by serving the meal, providing dessert and cleaning up.

Donations were made by the CWL to organizations such as "Save a Family Fund", Catholic Missions in Canada, Salt and Light T.V. (promotes the Catholic Faith), Chatham Kent Women's Shelter, Dresden Royal Canadian Poppy Drive and Right to Life. A \$100.00 donation was provided to Lambton Kent Composite School and \$50.00 was donated to Good Shepherd School for graduation awards. During Lent, the CWL made a special request for families of St. Michael's Church to donate \$5.00 to the Dresden Food Bank. The food bank was appreciative of the \$542.35 that was graciously donated. Also new this year, the CWL was happy to provide a \$2,000.00 donation to the Dresden Community Healthcare Foundation which was matched dollar to dollar by a business in Dresden.

The Dresden Catholic Women's League enjoyed a successful and rewarding 2012 year and look forward to the events of 2013.

Theresa



Council News—Chatham Kent Region—Blessed Sacrament, Chatham—submitted by: Josephine Leszczynski

CFFC- A Community Affair- A Pure Charity Where No one Gets Paid

Chatham Blessed Sacrament CWL members enjoy supporting Canadian Food for Children through volunteering at the local Chatham warehouse in the areas of secretarial work, packing goods, collecting goods, financial donations and promoting special events such as the December collection of waterproof crocs. CFFC is an international non-profit charitable organization dedicated to providing food and other necessary supplies to starving children in many Developing Countries in Africa and South and Central America.

Doctor Simone and his wife Joan have dedicated their life to helping the poorest of the poor in Developing Countries in response to a request by Mother Teresa. Dr. Simone a renowned Toronto dermatologist and Joan his wife are devout Roman Catholics who gave up their worldly possessions to live in solidarity with the poor. They are the co-ordinators of the main warehouse in Mississauga.

Five years ago (2007) a warehouse was opened in Chatham which sends donated supplies to the main warehouse in Toronto from where they are shipped to one of the seventeen countries which they support such as Sierra Leone, El Salvador, Zambia, Peru etc. One million pounds of goods a month go to help the

desperately poor. The co-ordinators of the Chatham warehouse are John and Sandy VanRaay who have been long standing parishioners of Blessed Sacrament Church.

The Chatham Kent Community has shown an overwhelming support for CFFC. Staff and students at Ursuline College (Pines High School) annually collect food goods through a programme initiated at the school called Halloween for Hunger. In 2012 the school collected over 15,000 cans of food items in one night. The Catholic Elementary Schools collect Halloween candy for children in hospitals in Developing Countries used to encourage sick children to take their medicine. During the month of June, in conjunction with principals and teachers, students donate their unwanted school supplies which may otherwise end up in landfills. These school supplies are collected from each school by volunteers and sorted at the Chatham warehouse before being sent to the main warehouse in Mississauga. Women from St. Agnes Catholic Church cut patterns and sew clothing for girls and boys in Developing Countries. Also women gather at Holy Family Catholic Church in Wallaceburg to knit and sew baby blankets, diapers and plastic baby pants to supply three maternity hospitals in Africa.

In Leamington, women quilt, sew

clothing and make tote bags for women. Three women over the age of ninety are using their talents to help the poor by sewing dresses, making quilts and knitting blankets. These three women have said they have found a purpose and meaning for their life and have become revitalized. Many other groups are making sleeping mats out of milk bags. When we see these mats we are always astonished by the creativity of these groups. Something that would pollute our land and water has now been made useful.

The overwhelming support from groups and individuals in Chatham Kent have enabled CFFC in 2012 to send 8 fully loaded, 54 foot transport trucks to the main warehouse in Mississauga. Quite an accomplishment!

Through the generosity of tax deductible financial donations, it is possible to buy locally and in bulk, items such as powdered milk and red kidney beans, enabling CFFC to bring nourishment to thousands of starving people in Developing Countries.

Over 100 volunteers are helping to make CFFC, Chatham Kent a huge success. It should be noted that one of the main reasons for it's success is that the warehouse which is located at 270 Inshes Ave. in Chatham which includes 7,000 square foot space has been

(Continued on page 31)

Council News—Chatham Kent Region—Blessed Sacrament, Chatham—submitted by: Josephine Leszczynski ... (cont'd)

(Continued from page 30)

donated by a local business man Frank Van Oirshot. Also the goods are transported to Mississauga warehouse by a local transport owner Doug Bateman who provides free transportation of the goods.

THESE ARE ALL GOOD PEOPLE TRYING TO MAKE A DIFFERENCE IN THE LIVES OF THE MOST DESPERATE AND VULNERABLE IN OUR WORLD—TRYING TO LIVE THE GOSPEL MESSAGE TO SHARE WHAT THEY HAVE WITH THOSE WHO CAN'T HELP THEMSELVES.

CFFC, CK has available a "Wish List" which outlines many items which they hope to collect to help the desperately poor that they serve. Refer to the following list:

Food Items: peanut butter, salt, sugar, flour, rice, powdered milk, oatmeal, cornmeal, dried beans, peas, lentils, cereal, pasta, pasta sauce, coffee, tea, pancake & other mixes, hot chocolate mix, granola bars, hard candy, canned goods.

Dry Goods: soap, kitchen utensils & flatware, can openers, laundry products, all purpose cleaners, yarn fabric, knitting & sewing supplies, scissors, threads, needles, gently

used sheets, blankets, towels and wash cloths.

Adult: personal hand soap, toothpaste, toothbrushes, combs, shampoo, deodorant, toilet paper, lotions, razors, shoes.

Hospital/Medical Supplies: hand sanitizer, soap, Tylenol, aspirin, cough medicine, bandages, disinfectants, latex gloves, tampons, sanitary napkins, adult diapers, wipes, Pedialyte, wheelchairs, walkers/crutches.

Baby Needs: pablum, rice cereal, all baby foods, infant formula, baby toiletries, etc. Vitamins, baby aspirin, cough medicine, worm medicine, gently used baby clothes, small toys (no batteries)

School Supplies: Paper- lined or blank (even used on one side) binders, pens, pencils, crayons, notebooks, scissors, chalk, rulers, knapsacks, gym bags, sports equipment (soccer balls, baseballs)

Other: new and used tools, nails, saws, hammers, screwdrivers, files, chisels, clamps, shovels, hoes, rakes, etc. Bicycles of all types, in good condition. Canadian Tire Money: Used to purchase tools, soccer balls etc.

HELP IS HOPE FOR PEOPLE IN DEVELOPING COUNTRIES

Because the global need is so great, (poor nutrition kills 5.6 million children a year according to the United Nations report on poverty) that CFFC extends an invitation to anyone who wishes to make a difference in the lives of the desperately poor through the donation of money, time, goods or prayers.

ONE DOLLAR FEEDS 40 CHILDREN

For more information or a request for a presentation to be done at your CWL please contact:

Canadian Food For Children
Warehouse-1258 Lakeshore Road
East, Mississauga, ON L5E 1E9-
(905) 274-9239

Contact us by email to:
aasimone@rogers.com

In the Toronto area contact CFFC at 416-231-2817 or Fax—416-231-6205

May our Lady of Good Counsel bless you all as you strive to discern how to best do God's work.

Josephine



*Council News—Chatham Kent Region—Our Lady Help of
Christians, Wallaceburg—Submitted by:
Mary Van Damme, Recording Secretary*

As of July 1st, 2012 we said Farewell to Fr Ben Huyge and welcomed Fr Jacek Kokosa who came to learn the English language and is doing a phenomenal job. We are so fortunate to still have our wonderful Fr Greg Bonin who is also the Episcopal Vicar of the Kent Deanery. Throughout the months of July and August, President Marlene Judson and her committee diligently worked on updating and renovating our kitchen in our parish centre. She met with several salesmen to get estimates for cupboards, commercial dishwashers and fridges etc. By September it was all completed and it was ready to be put to good use for our annual bazaar at the end of October which is always our biggest

fundraiser. This busy season also includes serving charities such as Operation Christmas Child, White Ribbon Campaign Against Pornography. Making up baskets for the women's shelter as well as our usual duties like being honour guards for our deceased parishioners and supporting Social Justice. In December we host a reception after the Dove of Peace Celebration, to remember all of our deceased parishioners in that particular year. Their family receives a dove that can be displayed on their Christmas tree which sports the name of the loved one on the ribbon.

At our Christmas Pot Luck Dinner this year we surprised our President Marlene with the Maple Leaf Service Pin of which she is so

deserving throughout her service for CWL since 1994.

January 20th, 2013 our Spiritual Director Fr Greg Bonin, installed our new Executive for 2013-2014. We have a new president, Mary Bell, new Treasurer Veronica Tanguay, continuing recording secretary Mary Van Damme, continuing Corresponding Secretary Diane Buckingham and Spiritual and Community Convenor Marion Cogghe. We also have a new Membership convenor Margaret Cushman. This new Executive is looking very forward to serving God and Canada as we ask Our Lady of Good Counsel to bless us.

God Bless

Mary

*Council News—Chatham Kent Region—St. Ursula,
Chatham—Communications Chair—Kelly Tetreault*

The new St. Ursula CWL executive was inducted by Father Matt Kucharski on Sunday January 20th and we're already making plans well into the year. With funds that were raised in 2012, the council made a sizable donation for electronic candles to be placed in the chapel. Several events have been planned, including several with our sister councils from St. Joseph's (city and Harwich).

Wanda Bell from Explore and Soar

gave a presentation in February, guiding those in attendance in how they can be more positive in their daily lives. Ron Coristine from Community Living will be giving more information on the role of the agency in the community and Denise Emery will help those in attendance have a better understanding of Autism Spectrum Disorder and resources available in the area. With their sister councils, St. Ursula CWL will be fundraising with Lenten Cans

until Easter and a performance by the Scott Woods Band in November.

The St. Ursula council looks forward to a faith-filled and enriching 2013. It will be a year of looking for many creative ways to help those in the community including through education, fundraising, and reaching out to the community.

Kelly



Service Pin Awards for 2012/2013
"Congratulations to our faithful & dedicated members"



Huron Perth Region:

St. Joseph, Stratford

Maple Leaf Service Pin

Betty Gras
Annie Bokkers

50 Year Pin

Joanne Siroen

40 Year Pin

Mary Whaling

25 Year Pin

Annie Bathe
Ann Boersen
Marie Bontje
Monique Feryn
Margaret Hinsperger

10 Year Pin

Angie Becker
Pauline Distler
Angela Gras
Brenda Heisz
Lisa Liedtke
Janet Sylvain

New Members

Claudette Begg
Debbie Duquette
Ruth Hartleib
Frances Mulder
Mary Murray
Neves Pereira
Maryanne Saman
Eleanor Sousa

All Saints, Strathroy

Maple Leaf Pin

Mary Boere

50 Year Pin

Liz Kennes
Mary Boere

Gertrude Stokman

Mary Derks
Willie Hoefnagels
Cathy Timmers
Cecile Henry
Dina Van Dinther

40 Year Pin

Eva Steiner
Diane Strybosch
Emma Van Aert

25 Year Pin

Harriet Goncalves
Gwen Lamoureux
Anne Giesen
Mary Vander Vloet
Willie Peters

10 Year Pin

Emesia Soares

St. Joseph, Listowel

60 Year Pin

Celena Kocher
Madeline Helmka
Stella Makohonik
Luella O'Grady
Patricia O'Grady
Beatrice Vollmer

40 Year Pin

Nell Van Winden

10 Year Pin

Nancy Cleary
Marj Miller

**Immaculate Heart of Mary,
Grand Bend**

50 Year Pin

Bertha Baltessen
Anne Grootjen
Sien Smits

40 Year Pin

Frances Relouw

25 Year Pin

Polly Appel
Nelly Baltessen

10 Year Pin

Beth Sweeney

Chatham Kent Region

Blessed Sacrament, Chatham

Maple Leaf Pin

Shirley Harwood

St. Joseph (City), Chatham

60 Year Pin

Zoe Emery
Mary Theresa Nead

50 Year Pin

Jeanne Gleeson
Diane Mariconda
Joan Normandin
Romaine Roberts

40 Year Pin

Beth Lachine
Rose Pepper

30 Year Pin

Carol Carson
Mary Deturek

25 Year Pin

Eleanor Breynaert



(Continued on page 34)



Service Pin Awards for 2012/2013

"Congratulations to our faithful & dedicated members"



(Continued from page 33)

**Our Lady Help of Christians,
Wallaceburg**

Maple Leaf Service Pin
Marlene Judson

Sarnia Lambton Region

Our Lady of Mercy, Sarnia

60 Year Pin
Madeleine Dozois

50 Year Pin
Ann Bukovinsky
40 Year Pin
Patricia Graves

Sacred Heart, Sarnia

60 Year Pin
Eileen Benninger
Nina Forbes

50 Year Pin
Mary Ann Boucher
Kathleen McAnulty

St. Benedict, Sarnia

Maple Leaf Service Pin
Jean Sauve
Rosemary Poyser
Ruth Houlahan

Essex Region

St. Francis Xavier, Tilbury

60 Year Pin
Betty Bonneau
Delores Jacques
Dorothy Sauve

25 Year Pin
Lisa Derynck
Joanne Evans
Evelyn Montpetit



I asked God for water. He gave me an ocean.

I asked God for a flower. He gave me a garden

I asked God for a friend. He gave me all of YOU

If God brings you to it. He will bring you through it

Happy moments, praise God

Difficult moments, seek God

Quiet moments, worship God

Painful moments, trust God

Every moment, thank God

FORM FOR REPORTING DECEASED MEMBERS

**PLEASE PRINT INFORMATION CLEARLY AND CORRECTLY
AS RECORDED ON THE PARISH COUNCIL MEMBERSHIP LIST**

Name of deceased _____
(as shown on membership list)

Spouse's name (If applicable) _____

Full address _____
(as shown on membership list)

Date deceased _____

CWL Parish Council _____

Diocese _____

Parish councils are asked to forward a copy of this completed form to National office to ensure that the deceased member's League magazine is discontinued. Copies must also be sent to provincial and diocesan chairpersons of Spiritual Development to ensure that their respective Books of Life can be updated.

Provincial chairpersons of Spiritual Development are reminded to submit a complete list of their province's deceased members, for the current year, to National Office by January 15th of each year for inclusion in the National Book of Life.

Date _____

Signature of council president and/or chairperson of
spiritual development

MAIL OR FAX TO: **The Catholic Women's League of Canada**
 C – 702 Scotland Avenue, Winnipeg, MB R3M 1X5
 Toll free fax: 1-888-831-9507

Revised 2010

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